

## **Belbin Team Roles**

*When building a team, it is all too easy to recruit people similar to ourselves, and who we feel comfortable with. But that is not usually the best way of building a high performing team.*



### **Who is it for?**

Teams - either permanent or temporary – who face a variety of work challenges and who would benefit from an understanding of the individual and collective strengths and weaknesses in that team.

### **Benefits**

From attending this course people will be able to:-

- Identify their individual preferred Belbin team roles and how they contribute to a team
- Identify the team composition in terms of Belbin team roles, and the strengths and weaknesses resulting
- Identify the gaps and overlaps in the team profile
- Identify actions to build an effective team

### **Content**

- Belbin's team role theory
- Self-assessment of preferred individual team roles
- Profile of the whole team
- Team activities, including "Contribute" or other team task-based activities, in order to test in practice team contributions
- Team action planning

This list is not exhaustive so please talk to us if you don't see what you are looking for.

### **Why X Learning?**

So much finance training can be dull and boring. We make this subject lively, fun, interesting and above all relevant by:

- Drawing learning from day to day events within the business
- Allowing participants to directly reflect on the organisation and the job they do
- Incorporating high levels of interactivity, for example:
  - Running light hearted but focussed business games
  - Using live company data where possible
  - Providing realistic case studies
- Cutting out the jargon and keeping things simple
- Encouraging group work
- Catering for different learning styles and providing multi sensory input

**Programme length options; half day or full day depending upon your requirements**

To discuss **call** Mike on 07899 728 628 or David on 07984 817 328  
our office on 01908 632713 or **email** [office@xlearning.co.uk](mailto:office@xlearning.co.uk)